



# Youth Sports

## Parent/Tot Sports

### Parent Tot Sports (Ages 2-3) JM

This program gives you and your child an opportunity to bond and have fun together while learning a variety of sports. This class is great for simple motor skills such as catching, throwing, batting, shooting, passing, and anything that involves hand-eye coordination. Parents participate with the child as we play soccer, basketball, hockey, t-ball, and many other sports. This program is instructed by All Star Sports, a professional sports company based out of Geneva, Illinois.

Location: Hatch School

W, 3:30-4:15pm	\$50/\$75
Jan 16 - Feb 13	#113790-06
Feb 25 - Mar 25	#113790-17
# of weeks: 5	Min 6/Max 16

### Girls Super Sports! (Ages 4-6) JM

This fun filled class, for girls only, teaches the importance of teamwork and sportsmanship, while attempting to spark an interest to try a variety of sports. This non-competitive class is great for girls who just want to try new sports without being intimidated by boys. The three sports we will cover are Soccer, Basketball, and T-Ball.

Location: Mann School

F, 5:45-6:45pm	\$50/\$75
Jan 9 - Feb 6	#113790-13
F, 3:30-4:30pm	\$50/\$75
Feb 20 - Mar 20	#113790-20
# of weeks: 5	Min 6/Max 16

## Basketball

### Little Pint Hoops (Ages 3-6) JM

This program will introduce your child to the game of basketball. Beginners as well as those who want to get to the next level are welcome. Basic skills of dribbling, passing, shooting, and defense will be taught. Games will also be played to show the importance of teamwork in game situations. All Star Sports a professional sports company based out of Geneva, Illinois will instruct this class.

Location: Hatch School

#### Ages 3-4

W, 4:30-5:15pm	\$50/\$75
Jan 14 - Feb 11	#113790-07
Feb 25 - Mar 25	#113790-18
# of weeks: 5	Min 6/Max 16

#### Ages 4-6

W, 5:30-6:30pm	\$50/\$75
Jan 14 - Feb 11	#113790-08
Feb 25 - Mar 25	#113790-19
# of weeks: 5	Min 6/Max 16

### Tiny Trotters Basketball

#### (Ages 5-7) JM

Want to dribble like a pro and dunk like a champ? Then join this program instructed by On-the-Go Sports and learn the fundamentals of basketball! Learn from coaches who have played basketball on a collegiate level as they teach you the proper techniques of the game in a fun team setting. Individual instruction is combined with group games and drills to give you the edge on the court.

Location: Hatch School

M, 5-6pm	\$74/\$111
Jan 12 - Mar 16	#113790-01
(No class 1/19, 1/26, 2/16, 3/2)	
# of weeks: 6	Min 6/Max 20

## Fencing

### Fencing (Ages 10 & up)

BN

En garde! Diana Unger, a certified coach with the United States Fencing Association with more than 25 years of fencing experience, will teach you the basics of fencing. Fencing requires patience, concentration, discipline, and self-awareness. Self-confidence, self-control, and emotional strength gained from this sport will lead to a healthier lifestyle. Weapons, jackets, and masks will be provided and shared among classmates.

Instructor: Diana Unger, Chicago Fencing Club

Location: Stevenson Center

#### Beginning Fencing (Ages 10-11)

Th, 4-4:55pm	\$95/\$142
Jan 22 - Mar 26	#133260-01
# of weeks: 10	Min 4/Max 10

#### Beginning Fencing (Ages 12+)

Th, 5-5:55pm	\$95/\$142
Jan 22 - Mar 26	#133260-02
# of weeks: 10	Min 4/Max 10

#### Intermediate Fencing (Ages 11+)

Th, 6-6:55pm	\$95/\$142
Jan 22 - Mar 26	#133260-03
# of weeks: 10	Min 4/Max 10

#### Advanced Fencing (Ages 11+)

Th, 7-7:55pm	\$95/\$142
Jan 22 - Mar 26	#133260-04
# of weeks: 10	Min 4/Max 10

# LOTTERY!

Lottery Deadline is Noon, Dec 18.  
Please read lottery info on page 73.



## Floor Hockey

### Floor Hockey (Ages 4-6, 6-8) JM

Learn and play the fastest game in the world. This action packed class will emphasize the importance of teamwork and sportsmanship, while teaching the basic skills of passing, shooting and stick handling before the skates go on.

*Mandatory equipment: bike or hockey helmet, hockey knee and elbow pads, and hockey gloves.*

Location: Mann School

#### **Ages 4-6**

F, 4:45-5:45pm	\$50/\$75
Feb 20 - Mar 20	#113790-21
# of weeks: 5	Min 6/Max 16

#### **Ages 6-8**

F, 6-7pm	\$50/\$75
Feb 20 - Mar 20	#113790-22
# of weeks: 5	Min 6/Max 16

## Flag Football

### Arena Flag Football (Ages 6-8) JM

Come enjoy a week of action packed football in a fun and safe environment. Our football camps are designed to teach everyone. Beginners and little pros are all welcome; everyone will be able to advance their play. This is a great chance for children to learn the game without pads and helmets. There is no tackling allowed! We will cover positioning, catching, throwing, patterns, footwork, and offensive and defensive strategies that keep everyone thinking and moving.

Equipment: knee and elbow pads

Location: Hatch School

Tu, 5:45-6:45pm	\$50/\$75
Jan 13 - Feb 10	#113790-05
Feb 24 - Mar 24	#113790-16
# of weeks: 5	Min 6/Max 16

### Flag Football (Ages 3-5) JM

Learn football from REAL athletes who have played football at the collegiate and/or professional level. This high energy non-contact football clinic teaches the fundamentals of the sport including passing, receiving, blocking, routes, and more. Classes will also include scrimmages and occasional guest speakers from current and former NFL and college teams.

Location: Hatch School

Th, 5-6pm	\$74/\$111
Jan 15 - Feb 19	#113790-09
# of weeks: 6	Min 6/Max 20

## Soccer

### Intro to Soccer (Ages 3-4, 4-6) JM

This program is designed to teach children the basics of soccer in a fun and exciting way. Dribbling, passing, and shooting will be covered through fun games that keep everyone moving. This class is great for coordination and self-esteem. The main objective is to have fun! All Star Sports, a professional sports company, will instruct this class.

Location: Hatch School

#### **Ages 3-4**

Tu, 3:30-4:15pm	\$50/\$75
Jan 13 - Feb 10	#113790-03
Feb 24 - Mar 24	#113790-14
# of weeks: 5	Min 6/Max 16

#### **Ages 4-6**

Tu, 4:30-5:30pm	\$50/\$75
Jan 13 - Feb 10	#113790-04
Feb 24 - Mar 24	#113790-15
# of weeks: 5	Min 6/Max 16

## Sports Conditioning

### Sports Conditioning (Ages 9-13) JM

This action packed co-ed class combines all the essentials necessary to improve your child's skill in sports like basketball, football, soccer, and baseball all in a fun and fast-paced setting! Class drills will concentrate on improving agility, lateral movements, hand-eye coordination, cardiovascular endurance and footwork. Each class will consist of both one-on-one and group training.

Location: Hatch School

M, 6-7pm	\$74/\$111
Jan 12 - Mar 16	#113790-02
(No class 1/19, 1/26, 2/16, 3/2)	
# of weeks: 6	Min 6/Max 20

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**Please read lottery info on page 73.**



## Volleyball

### VolleyKidz (Grades K-2)

JM

Volleykidz is an introductory class for children in Kindergarten through second grade. Instructors will introduce the pass, set and spike using a very light volleyball. Volleykidz will improve each child's hand/eye coordination and left/right coordination through the use of fun drills and gross motor games. This program is dedicated to enhancing skills and making the game enjoyable.

Location: Longfellow School Gymnasium

F, 4-4:45pm	\$61/\$92
Jan 9 - Feb 13	#113780-01
Feb 20 - Mar 27	#113780-04
# of weeks: 6	Min 6/Max 24

### Volleyball Skills & Drills

#### (Ages 8-13)

JM

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. Learn and develop skills needed to play games. All students will receive a 6-Point evaluation and a Youth Volleyball Rating. Instructors will organize games at the end of each class.

Location: Longfellow School Gymnasium

#### **Ages 8-10**

F, 4:45-5:45pm	\$81/\$122
Jan 9 - Feb 13	#113780-02
Feb 20 - Mar 27	#113780-05
# of weeks: 6	Min 6/Max 24

#### **Ages 11-13**

F, 5:45-6:45pm	\$81/\$122
Jan 9 - Feb 13	#113780-03
Feb 20 - Mar 27	#113780-06
# of weeks: 6	Min 6/Max 24

## T-Ball

### Intro to T-Ball (Ages 3-4, 4-6)

JM

This class covers the basics of baseball in a fun and safe environment where no one stands around. Throwing, catching, hitting and fielding will be taught as well as running the bases and how to play the game. Games will be played every week. Participants should bring their own glove, all other equipment is provided. Location: Mann School

#### **Ages 3-4**

F, 3:30-4:15pm	\$50/\$75
Jan 9 - Feb 6	#113790-11
# of weeks: 5	Min 6/Max 16

#### **Ages 4-6**

F, 4:30-5:30pm	\$50/\$75
Jan 9 - Feb 6	#113790-12
# of weeks: 5	Min 6/Max 16

## Whiffle Ball

### Whiffle Ball (Ages 4-7)

JM

Come on indoors as we will work on the fundamentals of baseball. Hitting, running and fielding will be covered, but the emphasis will be on fun! On The Go Sports, a professional sports company based out of Evanston, Illinois will instruct this class.

Location: Hatch School

Th, 6-7pm	\$74/\$111
Jan 15 - Feb 19	#113790-10
# of weeks: 6	Min 6/Max 20

## Indoor Tennis Instruction @ the Tennis & Fitness Centre

### (Not a Park District Program)

The Park District of Oak Park is pleased to partner with the Tennis & Fitness Centre to offer professional tennis instruction for kids and adults during the fall, winter and spring seasons. Classes are available for beginners and advanced beginners. Each week players will be introduced to new techniques, challenges, and game situations within a friendly, supportive structure by professional tennis instructors. Skill development, fitness, and the necessary fundamentals will be the focus. Non-marking shoes are required! Classes begin the week of January 4. This is not a Park District of Oak Park program - for more information and to register, please call the Tennis & Fitness Centre at 708-386-2175. Tennis for a Lifetime!

# LOTTERY!

Lottery Deadline is Noon, Dec 18.  
Please read lottery info on page 73.

## Basketball League

### Youth Winter Basketball (Grades 3-8)

JM

It's time to lace up those high tops and break out the round ball as we begin another great season of hoops. All games will be played on Saturdays, except for 7th-8th grade boys and girls teams which play on Thursday nights. Practice days and times are subject to change if necessary, due to gym capacity and availability.

#### PLEASE NOTE

- Special basketball information distribution night on Thursday, January 15 at Barrie Center from 5-8pm. Schedules, league info and t-shirts (included in the fee) will be distributed on this night.
- Players must be fully paid and registered before participating in practices or games.
- The registration deadline is M, Jan 12. Registrations will be accepted after this date if space allows, but location choices will not be guaranteed as schedules will already be complete.

Jan 20-Mar 21      Playoff week Mar 16-21  
 No practice during playoffs  
 No practices M, Jan 26, M, Feb 16 or M, Mar 2  
 Fee: \$88\*/\$132      # of weeks: 9

\*\$10 discount for Oak Park residents before January 3  
 Registration deadline: M, Jan 12

### Volunteer Coaches Needed for Youth Basketball League!

Previous experience is helpful, as well as a knowledge of basketball and ability to work with youth in grades 3-8. Sound interesting? Contact Joe McNerney at joem@oakparkparks.com or (708) 725-2104.

Grade	Location	Practice Days	Times	Fee	Code
3-4 Boys	Beye School	Tu & Th	4-5pm	\$88*/\$132	#113760-01
3-4 Boys	Irving School	M & W	4-5pm	\$88*/\$132	#113760-02
3-4 Boys	Lincoln School	Tu & Th	4-5pm	\$88*/\$132	#113760-03
3-4 Boys	Longfellow School	M & W	4-5pm	\$88*/\$132	#113760-04
3-4 Boys	Mann School	M & W	4-5pm	\$88*/\$132	#113760-05
3-4 Girls	Beye School	M & W	4-5pm	\$88*/\$132	#113763-01
3-4 Girls	Irving School	Tu & F	4-5pm	\$88*/\$132	#113763-02
3-4 Girls	Lincoln School	M & F	4-5pm	\$88*/\$132	#113763-03
3-4 Girls	Longfellow School	Tu & Th	4-5pm	\$88*/\$132	#113763-04
3-4 Girls	Mann School	Tu & Th	4-5pm	\$88*/\$132	#113763-05
5-6 Boys	Beye School	Tu & Th	5-6pm	\$88*/\$132	#113761-01
5-6 Boys	Irving School	M & W	5-6pm	\$88*/\$132	#113761-02
5-6 Boys	Lincoln School	Tu & Th	5-6pm	\$88*/\$132	#113761-03
5-6 Boys	Longfellow School	M & W	5-6pm	\$88*/\$132	#113761-04
5-6 Boys	Mann School	M & W	5-6pm	\$88*/\$132	#113761-05
5-6 Girls	Beye School	M & W	5-6pm	\$88*/\$132	#113764-01
5-6 Girls	Irving School	Tu & F	5-6pm	\$88*/\$132	#113764-02
5-6 Girls	Lincoln School	M & F	5-6pm	\$88*/\$132	#113764-03
5-6 Girls	Longfellow School	Tu & Th	5-6pm	\$88*/\$132	#113764-04
5-6 Girls	Mann School	Tu & Th	5-6pm	\$88*/\$132	#113764-05
7-8 Boys	Beye School	Tu	6-7:30pm	\$88*/\$132	#113762-01
7-8 Boys	Irving School	W	6-7:30pm	\$88*/\$132	#113762-02
7-8 Boys	Lincoln School	Tu	6-7:30pm	\$88*/\$132	#113762-03
7-8 Boys	Longfellow School	W	6-7:30pm	\$88*/\$132	#113762-04
7-8 Boys	Mann School	W	6-7:30pm	\$88*/\$132	#113762-05
7-8 Girls	Irving School	F	6-7:30pm	\$88*/\$132	#113765-02
7-8 Girls	Lincoln School	F	6-7:30pm	\$88*/\$132	#113765-03
7-8 Girls	Mann School	Tu	6-7:30pm	\$88*/\$132	#113765-05