

Ice Hockey: Adult

Learn to Skate Programs and Hockey Programs ARE NOT a part of the Winter Lottery.



Adult Hockey - Beginner Level

Adult Beginner Hockey - "Level 0" ML

This class encourages adults who have never played hockey to come out and give it a try. There is no experience required, and participants have the chance to learn about the sport and have fun doing it. Topics of instruction will include the majority of basic skills in the game such as skating, shooting, stick handling, and passing. Full equipment required.

F, 10:15-11:15pm	\$130
Nov 28 - Jan 9	#641820-10
Jan 16 - Feb 27	#641820-11

Adult Instructional Hockey

Hockey Skating Instruction and Power (Adults) ML

Open to all Adult House League participants.

Session Dates	Times	Code	Fee
W, Dec 10 - Jan 14 (No class 12/24)	6-7am	#441860-03	\$66
W, Jan 28 - Feb 24	6-7am	#741860-01	\$66

Open Hockey Times

Open Hockey-Rat Time (Ages 16+) ML

Limited to the first 22 participants (including 2 goalies). Rat Hockey gives players the opportunity to play a pick up game or simply work on their skills in an unstructured, unsupervised, non-stress environment. Players must be 16 years old to participate and able to show proof of age with a picture ID if asked. Full equipment is required (hockey skates, hockey stick, helmet, mouth guard, supporter cup, gloves.)

Through early March	
M & W	8:15-9:45am
F	6:30-8am
Fees: \$7/time	20 time punch card: \$90

Adult In-House Hockey League

Just for Adults! Interested in good, fun hockey? Sign up for our Adult Hockey Leagues! Full equipment, including helmet is required.

LEAGUE GUIDELINES:

- Full payment due when registering.
- Schedules distributed at season's start.
- Ridgeland Common House League Hockey Program will strictly adhere to the set zero tolerance behavior policy.
- League Fees include instruction, ice time, and a team jersey.

League play for these programs began in October. For current league dates, fees, and proper placement, please contact Michael Lushniak at (708) 725-2302.

Adult Hockey Level 1 ML

Recreational program geared toward the novice to intermediate skill level player. One half hour of instruction will be followed by forty minutes of scrimmage. Contact Mike Lushniak at (708) 725-2302 for more info.

Adult Hockey Level 2 ML

Recreational program geared towards intermediate to advanced level players. This is a no-check and no-slap shot league. Program meets once a week with games scheduled on Sunday or Monday evenings. Contact Mike Lushniak at (708) 725-2302 for more info.

Level	Day	Game Times	Code
1	M	9:15-10:30pm	#641820-01
2	Su	8:15-9:30pm 9:40-11:10pm	#641820-02
	M	10:40pm-12:10am	