

Adult Dance

Belly Dancing

LV

Come and explore your gypsy spirit and embrace the beauty of the feminine form. Look and feel sensual while having fun!

Instructor: Karen Hersh

Location: Dole Center, Studio 2

M, 6:30-7:30pm

\$58/\$87

Jan 5-Feb 16 (no class 1/19)

#143090-03

Feb 23-Mar 30

#143090-08

of weeks: 6

Min 6/Max 12

NEW! ZUMBA

LV

Zumba® Fitness is like no other workout you will ever experience! It originated in Columbia in the mid '90s and since coming to the U.S. in 1999, it has become one of the fastest-growing, dance-based fitness crazes in the country. People of all ages fall in love with the infectious music, easy-to-follow dance moves, and body-beautifying benefits.

Instructor: Liz Guerrero

Location: Dole Center, Studio

W, 7:30-8:30pm

\$45/\$68

Jan 7 - Feb 11

#143050-13

Feb 25 - Apr 1

#143050-31

of weeks: 6

Min 6/Max 12

Beginning/Continuing Ballet

LV

Do you feel uncomfortable on the dance floor?

Increase your strength and flexibility while learning how to dance! This class combines barre work with simple stretching exercises and dance combinations. No experience required!

Location: Dole Center, Studio 1

Instructor: Catherine Tully

M, 8:30-9:30pm

\$58/\$87

Jan 5-Feb 16 (No class 1/19)

#143090-01

of weeks: 6

Min 6/Max 14

Intermediate Ballet

LV

Previous ballet experience required to join this class.

Location: Dole Center, Studio 1

Instructor: Catherine Tully

M, 7:20-8:20pm

\$58/\$87

Jan 5-Feb 16 (no class 1/19)

#143090-02

M, 7:20-8:50pm

\$87/\$130

Feb 23-Mar 30

#143090-07

of weeks: 6

Min 6/Max 14

Swing & Ballroom

LV

Learn classic ballroom dances with a special emphasis on Swing. The instructor's easy to follow teaching style will have you gliding across the dance floor in just a few weeks. This style of dancing has come back across the nation. Don't miss out on the fun! Rhumba, foxtrot and other ballroom dances are also covered. No partner required.

Location: Dole Center, Studio 1

Instructor: Terry Z

Th, 8-9pm

\$69/\$104

Jan 8-Feb 12

#143090-06

Feb 26-Apr 2

#143090-11

of weeks: 6

Min 6/Max 20

Salsa

LV

From Puerto Rico with love! Salsa remains (for good reason) the world's most popular "street" or "club" social dance. Here in the Chicago area, this music is being featured at different clubs and venues virtually every night of the week. You'll be introduced to the basic steps, leading and following techniques, awareness of the music, and the "flow" of the dance. Meringue included. No partner required.

Location: Dole Center, Studio 1

Instructor: Terry Z

Th, 9-10pm

\$69/\$104

Jan 8-Feb 12

#143090-05

Feb 26-Apr 2

#143090-10

of weeks: 6

Min 6/Max 20

Wedding Dance Preparation

LV

Make your first dance memorable! Learn a lovely entrance, simple but impressive step combinations to music, plus a memorable finish.

Private Lessons

Learn specific dances with individual instruction.

\$65 per hour / couple or individual for residents,

\$97 per hour / couple or individual for non-residents

Location: Dole Center, Studio 1

Instructor: Terry Z

Call for further details and group pricing:

(708)725-2155.



Registering Online? Sign Up Today!
Online registration closes two days before a class begins.
Remember to sign up early to ensure your spot.

LOTTERY!
Lottery Deadline is Noon, Dec 18.
Please read lottery info on page 73.