

Active Adults (50+)

at Longfellow Center



Park District of Oak Park Active Adult Membership Ages 50 & up

The Park District of Oak Park Active Adult Membership entitles you to the member rate for trips, events, programs, activities, and certain Park District of Oak Park classes.

With your membership you will also receive the Park District of Oak Park's Out 'n' About Newsletter for Active Adults mailed to your home 6 times throughout the year, and your membership card serves as a punch pass that earns you rewards - the more programs that you participate in the more you save.

About Our Punch Pass: Participate in 10 of our Active Adult programs and receive a \$5 gift certificate good for any Active Adult program at the Park District of Oak Park. Please bring your membership card with you when registering for and participating in Park District of Oak Park events.

Active Adult Members also save \$5 off the resident price for Active Adult Trips, classes and even select fitness programs! Call 708-383-3143 for details.

Membership is valid for one calendar year:

January 1 – December 31, 2009, (unless purchasing a half-year membership, see info below).

Code # ACTIVEAD

• Half Year Membership

May 1 – December 31, 2009

\$20 Oak Park Residents / \$ 30 Non-Residents



New to Oak Park?

If you are a new Active Adult (50+) to our community, give us a call at (708) 383-3143 and we'll send you a free copy of our current "Out 'n' About" Active Adult Newsletter.

Special Events

BUNCO Workshop

What is Bunco? Strictly speaking, it's a dice game, played in rounds. In reality, it's a social event, a party, and a blast! Come to Longfellow to enjoy this easy to learn game. Leave your cares behind and socialize and eat while playing. We will have light snacks and non-cash prizes. Deadline for registration is May 22.

F, May 29 \$19/\$29
7-9pm #252999-05
Min 12/Max 30

Sundaes on Monday

Nothing says summer like a big ice cream sundae. Come to Longfellow and make your own. We'll have everything you need to make an awesome sundae: ice cream, toppings, syrups, whipped cream and cherries. Deadline for registration is August 10.

Location: Longfellow Center
M, Aug 17 \$10/\$20
1-2:30pm #352960-02
Min 15/Max 30

SV Senior Olympics

The IPRA Six-County Senior Olympics provides an opportunity for adults 50 years and older to compete with their peers in an atmosphere of friendship and support, and to receive recognition for their efforts and achievements.

The event is open to adults 50 years and older of all ability levels and hosts more than 30 events including: golf, tennis, bowling, swimming, biking, track & field, horseshoes, bocce, volleyball and more. All participants will receive a 2009 Senior Olympics T-shirt, and medals will be awarded to the 1st, 2nd and 3rd place finishers in each age/gender category.

The fee is \$12 for one day or \$18 for unlimited days (some events require additional fees). Registration forms and a detailed schedule of events will be available after May 1 online at www.il-ipra.org/seniorolympics or by calling the Active Adult office at (708) 383-3143.

Longfellow Center Drop In Programs (Ages 18 & up welcome)

\$2 per day for AA members, \$3 for non-members

Scrabble Groups

Join us at Longfellow to play this classic crossword game. Bring your dictionary and challenge your mind and possibly build your vocabulary. Either drop in each day (\$2/day) or pay \$15 for the season.

Tu, Jul 7 - Sep 22 10am-2:30pm #352910-30

Book Worms

We'll get together each month at Longfellow Center to discuss the book of the month. Please call (708) 383-3143 for more information.

Th, 10- 11:30am \$1/\$2
May 14 *Women of Brewster Place* #252999-12
Jun 11 *Devil in the White City* #252999-14
Jul 2 *Mexifornia* #352999-01
Aug 13 *A thousand Splendid Suns* #352999-02

Bridge

Join us every Tuesday at Longfellow Center to play one of the world's most widely played card games. Players of all levels are welcome, but you must have a basic knowledge of the game. It's just \$2 for the day or \$15 for the season.

Tu, Jul 7 - Sep 22 10am-2:30pm #352910-05

SV Checkmate Chess

Calling all chess players, it's your move! Join us at Longfellow Center on Tuesdays from 10am-2:30pm. Players of all levels are welcome, but you must have a basic knowledge of the game. It's just \$2 for the day or \$15 for the season.

Tu, Jul 7 - Sep 22 10am-2:30pm #352910-07

SV Mah Jongg

Mah Jongg is a game of skill, strategy, calculation and chance. Come join us at Longfellow Center to play this Chinese puzzle game that has been around since ancient times. Players of all levels are welcome, but you must have a basic knowledge of the game. \$2 for the day or \$15 for the season.

Tu, Jul 7 - Sep 22 10am-2:30pm #352910-06

**Active Adults are based out of
Longfellow Center,
610 S. Ridgeland Avenue. Call
(708) 383-3143 for more info.**