

You Can Help Make Access to Recreation a Reality for All



**“Donate Now” online to
the Access to Recreation
Fund at www.oprfcf.org**

*Call (708) 848-1560 for more
information.*

Partners



The Historical Society of Oak Park & River Forest 217 Home Avenue, Oak Park

The Historical Society of Oak Park and River Forest has been located on the second and third floors of Pleasant Home in Mills Park since 1969, operating a local history museum, research center, and archives.

The museum includes a period bedroom, a children’s activity room, and changing exhibits on fashion and area history. The Historical Society has a collection of thousands of photographs, costumes and artifacts that make the area’s history come alive. The collection is accessible through special programs, exhibits, and the Gale Research Center by appointment. Museum hours are Th-Su, 12:30-2:30 p.m. \$5 adults. Featured exhibits in the Society’s Museum on the second floor of Pleasant Home are Tarzan, Mars, and the Fertile Mind of Edgar Rice Burroughs and The Roots of Oak Park, an exhibit that traces the early days of the community until 1902.

**Call (708) 848-6755 for more information about any of these activities,
or to make an appointment to conduct research.**



West Suburban Special Recreation Association Providing Special Recreation Opportunities in our Community 2915 Maple Street, Franklin Park, Illinois 60131

(847) 455-2100
www.wssra.net

As an extension of the Park District of Oak Park, West Suburban Special Recreation Association (WSSRA) offers our residents therapeutic recreation programs. Persons with disabilities, of all ages and ability levels are served by WSSRA. Spring programs are held weekdays, evenings and on Saturdays.

“Spring is a wonderful season to play outside and enjoy the opportunities for fun that the warmer weather provides. WSSRA Saturday programs for children and teens who receive special education services often include outdoor fun. WSSRA Recreation Specialists incorporate outdoor play whenever possible. The Outdoor Adventures participants have done some orienteering and hiking. WSSRA has taken children on field trips to see animals, farms, enjoyed special events downtown and baseball games. We’ve done kite flying expeditions and created art projects with plants and other natural items. Trips to local Forest Preserves to watch wildlife, and an annual fishing trip are always popular. Adults with disabilities always enjoy outdoor walks, concerts and picnics,” said Marianne Birko, WSSRA Superintendent.

WSSRA programs are designed and supervised by Recreation Specialists who have educational

backgrounds in disabilities. The WSSRA team helps participants be successful by adapting activities, providing close supervision, creating behavior plans, celebrating accomplishments and being knowledgeable about programming content.

“WSSRA support staff is the key in allowing our participants to feel successful. We offer a minimum participant to staff ratio of 4:1 at our athletic, excursion and social programs. One-to-one assistance is provided for individuals with multiple impairments and during swim lessons.

WSSRA provides great opportunities for children and adults with disabilities to enjoy the spring season. New participants are always welcome to join in the fun,” Birko said.

For more information about joining a WSSRA program call 847-455-2100 or visit wssra.net. Calls from Park District of Oak Park residents are always welcome.

West Suburban Special Recreation Association is an extension of the PDOP, offering a variety of recreation programs for individuals with disabilities of all ages and ability levels.



Spring fun includes visits to local playgrounds with WSSRA.

Visit www.oakparkparks.com to sign up for the Park District of Oak Park’s e-newsletter, “The Park Connection!”