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**The Park District of Oak Park Gymnastics Schedule for fall is available online at**

**[www.oakparkparks.com/gymnastics.htm](http://www.oakparkparks.com/gymnastics.htm)**

**by July 21, 2008. It will also be available in the Gymnastics office, the Park District Hedges Administrative Center, and Ridgeland Common. Gymnastics Programs ARE NOT a part of the Fall Lottery.**

## Fall Gymnastics

### Session Dates:

**Aug 25 - Dec 20 (17 weeks)**  
**Closed Sep 1, Nov 26-30**  
**No evening classes Oct 31**

### Fall Registration Dates for Gymnastics Center Programs

All fall registration must be done in person!

#### Students taking classes Summer 2008

Residents: M, Aug 4, 6:30-8:30pm  
 (At Ridgeland Common, 415 Lake Street)

Non-Residents: M, Aug 11, 6:30-8:30pm\*  
 (At the Hedges Administrative Center, 218 Madison)

#### Students not taking classes Summer 2008

Residents: W, Aug 6, 6:30-8:30pm  
 (At the Hedges Administrative Center, 218 Madison)

Non-residents: W, Aug 13, 6:30-8:00pm\*  
 (At Gymnastics Center)

\* For your convenience, please call the gym to see if classes are available prior to coming in. Waitlist names will be taken over the phone.

## General Information

The Oak Park Gymnastics Center offers instructional programs that provide an opportunity for children of all ages to enjoy gymnastics. Class descriptions are listed below. If you have any questions regarding our program or the placement of your child, please call the Gymnastics Center at 708-383-0218 during office hours listed above. You may leave a message after hours and we'll return your call as soon as possible.

### Fall Fees: 17 Week Session

45 minute class	\$161.50 / \$208.25
1 hour class	\$208.25 / \$272
1 hour, 20 min class	\$208.25 / \$272
2 hour class	\$323 / \$446.25

## Registration

Summer and Fall registration gives priority to Oak Park residents. Subsequent registration periods, Winter and Spring, will give priority to continuing students. All new registration must be done IN PERSON at the registration site designated in shaded box at left.

New students ages 6 and up with no prior experience may register for Level 1. New students who want to register for Level 2 or above must be evaluated to determine their class level. Call the Gymnastics Center to set up an appointment.



## Gymnastics Center Safety Rules

1. No one is allowed in the workout area without an instructor. Parents are welcome to observe class from the lobby, but please do not talk to your child during class. During busy times in the gym, your view of your child's class may be obstructed due to a curtain used to separate class areas.
2. Students must listen and follow directions, and ask permission to leave class.
3. No food, gum or drinks in the gym or lobby.
4. No jewelry.
5. Long hair must be tied back away from the face. Soft rubber bands - no hair ornaments, please.
6. Appropriate gym clothing consists of leotards, T-shirts (tucked in), shorts with elastic waistbands or sweats. NO oversized or loose fitting clothing, NO tights that cover the feet and NO skirts. Footwear: bare feet
7. Students must be on time for class; warm-ups are important to get the body ready for gymnastics.
8. Students being picked up after class must wait for their ride inside the building.
9. All children in the lobby area must be under adult supervision.
10. HAVE FUN!

Parents, please note: if at any time your child exhibits inappropriate verbal or physical behavior that compromises their safety or the safety of another child or staff member, your child's class position will be forfeited. Thank you for your cooperation.

## Special Events

### Cookie Dough Fund Raiser

During October, the Booster Club will be taking orders for tubs of cookie dough and popcorn. Delivery is in November (a great way to start the holiday season). The Savory Sweets Cookie Dough is very popular with our patrons, and we have many repeat customers. Be sure to order some! Proceeds help defray costs for team competition and travel.

### Preschool Playtime

Walk-ins Welcome! A favorite with our preschoolers, this is an open gym for children 1-5 years old. Playtimes are Wednesdays 10-11:30am (November through April) and Fridays 1-2:30pm (September - April). The cost is \$5 to attend, or you can purchase a punch card for multiple playtimes (\$40 for 10 playtimes). All children must be accompanied and supervised by an adult. No food or drinks of any kind allowed.

### Annual Sleepover

Friday, January 2, 2009! Arrive at 7:30pm and get picked up the next morning by 8:30am. We will have games, open gym, pizza at 10pm, breakfast and lots of fun! The cost is \$30 (two or more children from same family, \$25 each). Children must be in 1st Grade or above. Sign up early, this program fills fast! Pre-registration only, no walk-ins.