

# Program Matrix



The Program Matrix is designed to let you see what facilities are housing the programs you're interested in. Programs are organized by age (far left columns) and then category/title. Please note many programs overlap age categories! We've also listed the pages you can find the program in this brochure.

		Andersen Center/Park	Barrie Center/Park	Carroll Center/Park	Cheney Mansion	Dole Center	Field Center/Park	Fox Center/Park	Gymnastics Center	Lindberg Park	Longfellow Center/Park	Maple Park	Oak Park Conservatory	Pleasant Home	Rehm Park/Pool	Ridgeland Common	Stevenson Center/Park and/or Teen Center	Taylor Park	OTHER		
<b>FAMILY</b>	<b>Multi Ages</b>	West Suburban Special Recreation Classes (p. 72)		•	•															•	
		Special Events (p. 6-11)		•		•			•			•		•	•	•	•	•			•
		Learn to Swim (p. 28-30)														•	•				
		Adventure Programming (p. 8)																			•
		Parent/Child Ceramics (p. 38)					•														
	Martial Arts (p. 50-51)		•			•					•						•				
	<b>Early Childhood &amp; Youth</b>	Gymnastics Programs (p. 34-35)								•											
		Early Childhood Programming (p. 37-38)					•	•	•			•									
		Preschool & Playschool (p. 36)	•	•	•				•												
		Mi Escuela (Spanish-speaking Preschool) (p. 36)			•																
Youth Activities (p. 38-41)		•	•	•	•	•	•	•										•		•	
Youth Sports (p. 42-47)		•	•	•				•		•	•				•	•	•	•	•	•	
<b>Teens</b>	Summer Camps (p. 12-25)	•	•	•			•	•		•	•				•	•	•	•	•	•	
	49 Lake Teen Center (p. 49)																			•	
	Just For Teens (p. 48)																			•	
<b>ADULTS</b>	Exercise & Fitness - select classes only!!! (p.55-57)		•	•	•															•	
	Adult Sports (p. 52-53)		•								•				•	•		•		•	
	Exercise & Fitness (p. 54-57)		•	•		•					•					•				•	
	Yoga (p. 58-59) & Pilates (p. 58)					•															
	Tai Chi/QiGong (p. 60)					•					•										
	Adult Dance (p. 61)					•					•										
	Special Interest - Dog Obedience (p. 65)	•											•								
	Special Interest - Nature/Gardening (p. 64)				•									•							
	Special Interest - Arts & General Interest (p. 65-67)	•	•	•				•			•				•						
	Adult Trips (p. 66)																				•
Active Adult Membership, Activities & Programs (p. 67)										•											



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