



ramp camp schedule

In general, our daily camp schedule will look like this:

9-9:15am:	Campers check in at the upper level of Stevenson Center
9:15-10:15am:	Skateboarding Time w/ Instructors' Assistance
10:15-10:30am:	Water Break
10:30-11:30am:	Skateboarding Time w/ Instructors' Assistance
11:30am-12pm:	Lunch
12-1pm:	Outdoor Games (Basketball, Dodgeball, Capture the Flag, etc.)
1-2pm:	Watch skateboarding videos, talk about skateboarding culture, etc. (depends on skill level and interests of campers)
2-3pm:	Free Skateboarding Time and/or Skateboarding Games

Visiting the Pool:

Ramp Camp will be visiting Ridgeland Common Pool on **Wednesday** and **Friday** of this week from 12:30-2:00pm. Camp will be walking as a group from Stevenson Center to and from the pool. Please make sure your camper bring a swimsuit, towel, and sunscreen on these two days.

Ramp Camp Trip

Ramp Camp will be taking a trip on Thursday. The trip will consist of skateboarding at Glen Ellyn Skate Park in the morning at an outdoor skate park followed by a visit to **Rainbow Falls Water Park in Elk Grove Village**. The camp will be transported by bus and will depart Stevenson Center at 9am sharp – don't be late! We will return to camp on Thursday by 4pm (this is one hour later than normal camp time.) Campers should bring full swim attire, towel, sunscreen, lunch, water bottle, and helmet on this trip.

If you have any questions, regarding the camp schedule and/or trip, please call Ezohn at (708) 725-2110.



ramp camp parent handbook

Arrivals and Departures

Ramp Camp will meet and depart from the upper level of Stevenson Center. Please do not drop your camper off at the skate park. Parents are responsible for signing campers both in and out of camp. Campers that are going to walk, bike, or skate to camp by themselves must have written permission in advance from a parent or caregiver. Those campers must sign in upon arrival so that we can verify their presence at camp. The policy is the same for campers leaving camp by themselves. This privilege is only for campers 10 and older.

Please be patient during the sign-in and sign-out procedure each day. The safety of all campers is our number one concern and it is crucial that each camper is accounted for daily. Parents and guardians may be required to show a picture ID to staff until staff becomes familiar with those authorized to pick campers up.

Be advised that camp staff cannot be responsible for supervising campers who arrive before the scheduled start time or who remain after the scheduled end time. The Park District of Oak Park does not assume responsibility for campers arriving early or remaining on site outside of established beginning and ending times for any program. Repeated late pick-ups will result in late fees (ten (\$10) dollars for every fifteen minutes) or dismissal from the camp. We appreciate your understanding to avoid being late as our staff is busy closing out the day and preparing for the next.

First Aid and CPR Certified Staff

Each site will have at least one staff member on the premises at all times who has a current certification in both CPR and First Aid. All staff, however, will be trained in universal precautions.

Second Session Added!

Because of the popularity of this camp, we have added a second and third session. If you would like to register for the second or third session, please do so immediately. Spots are already filling up, so you might not want to wait! The second session will run Monday-Friday from 9am-3pm, August 10-14. The price is the same (\$159R/\$248NR) and the registration code is #623250-02. The third session will run Monday-Friday from August 17-21. The price is the same (\$159R/\$248NR) and the registration code is #623250-03. If you have any questions, please call Ezohn Smith, Teen Supervisor, at (708) 725-2110 or e-mail him at EzohnS@oakparkparks.co

ramp camp parent handbook

What to Wear to Camp

Campers are encouraged to wear loose and comfortable clothing that may get dirty during daily camp activities. Gym shoes (or skateboarding shoes) are the preferred footwear for camp.

What to Bring to Camp

Campers should bring their skateboard and helmet daily to camp. No other pads are required, but they are strongly recommended. All campers should bring a lunch daily (no refrigerator will be available, please do not send sandwiches with mayonnaise, yogurt, cottage cheese, etc. unless you have an ice pack in the lunch bag), a swimsuit and towel (on swim days), and a snack each day. Please tell your camper not to share lunches with campers due to the high number of allergies (especially peanut). We strongly encourage campers to eat breakfast before arriving at camp. On hot summer days, it is critical that campers stay hydrated. Therefore, campers are encouraged to bring a reusable water bottle daily. Campers should also bring a backpack or zippered bag with their name on it to hold all of their belongings. Please be sure to label all personal belongings with the campers first and last names. We ask that campers leave any personal possessions of value (iPods, Game Boys, CD players, expensive hats, etc.) at home. The Park District of Oak Park is not responsible for the loss or damage of such items.

Sunscreen & Insect Repellent

It is recommended that you apply sunscreen (at least SPF 30) to your camper before camp and send a labeled bottle with them to camp, as the majority of camp is spent outdoors. Campers may wear a plain white t-shirt in the pool. Please note, however, a shirt is only considered SPF 4, and sunscreen is still highly recommended. Insect repellent, in lotion, pump or stick form only, is recommended as well. Park District staff will not apply sunscreen or insect repellent to your camper, but they will supervise the application by the campers.

Phone Calls for Absences

Parents need to call and notify Ezohn Smith, Teen Supervisor, of your camper's absence daily. If we do not hear from you via phone or written note and the camp site supervisor reports your camper absent, staff will make every attempt to contact you by phone. Please help the staff avoid unnecessary phone calls by reporting your camper's absence or late arrival in the morning. To report absences by phone, please leave a message with Ezohn at (708) 725-2110.

Sick Child Procedures

For the benefit of all people in the program, we ask that you keep your camper home if he/she is sick.

The following symptoms are indications that your child needs to stay home:

Fever – Consult your doctor with temperature between 102 and 105.

Persistent, deep or hard cough – Coughs spread germs. Your child should be taught to cover his/her mouth with the back of the hand or cough into his/her sleeve.

Vomiting/Diarrhea – Must be symptom free for 24 hours before returning to camp.

Contagious Infestations or Infections – Chicken pox, unexplained rashes, lice, scabies, impetigo, ringworm, or pinkeye need prompt treatment to prevent the spread to others. A written note from the doctor should state the child is no longer contagious upon returning to camp.

The Teen Camp Supervisor must be notified of any contagious infection or infestation so that other parents can be notified. When notifying parents of anything contagious, names will be kept confidential.

Runny Nose – If a child has a runny nose, he/she may come to camp only if it does NOT require constant wiping and only if it runs CLEAR. If it is not clear, then the child has a cold. Colds run their course in about 7 days. If the child still has thick nasal discharge extending beyond this time, a doctor should be consulted.

Code of Conduct

In keeping with our program goals, we encourage fun for all of our participants. However, certain rules are necessary to ensure everyone's safety and enjoyment. Participants are expected to exhibit appropriate behavior at all times as outlined below. Additional rules may be developed for specific camps as deemed necessary by the staff. Participants shall:

- Show respect to all participants and staff.

- Refrain from using foul or obscene language.

- Refrain from causing bodily harm to participants or staff.

- Show respect to equipment, supplies, and facilities.

- Refrain from disparaging remarks to include comments against individual's race, ethnic background, religion, physical appearance, or disabling condition.

Discipline

A positive approach will be used regarding discipline. The Park District of Oak Park reserves the right to dismiss a participant whose behavior endangers the safety of themselves or others. Each situation will be evaluated on its own merit, with appropriate action taken as soon as possible. Staff will communicate with parents during or after camp if action is taken in regards to camper discipline. In general, campers will be given a verbal warning before being pulled from an activity to be given a chance to calm down and review the behavior with a camp leader. If the situation warrants, parents may be called and/or a camper may be dismissed from the camp program without a verbal warning or behavior review.

Inclusion

The Park District of Oak Park works cooperatively with the West Suburban Special Recreation Association (WSSRA) to integrate campers with disabilities into recreational programs. Inclusion aides may be present at camp to work one-on-one with a specific camper. These aides only intervene in necessary circumstances. If you feel that your camper would benefit from additional assistance at camp, be sure to communicate the necessary information to the Bobbi Nance, Teen & Adventure Supervisor.

If your child will need any special accommodations and you have not yet spoken to Park District staff or the Integration Coordinator from West Suburban Special Recreation Association regarding assistance PLEASE DO SO IMMEDIATELY! There is a 2 week notice required by WSSRA for proper staffing and training purposes.

Medical Emergency

In the event of an emergency, our staff will evaluate the extent of the injury, and clearly communicate it with the camper's parent(s) or guardian(s). If your camper has a minor injury, such

as: a small cut, scrape, bruise, etc., the staff will use appropriate First Aid procedures including Band-Aids, icepacks, cleaning the wound, etc., and notify the parent or guardian at the time the camper is picked up. If the injury is a bee sting, a parent/guardian will be notified immediately to avoid allergic reaction, and the parent can decide whether the camper stays at camp or goes home.

If the injury is obviously serious, such as: profuse bleeding, unconsciousness, not breathing, rapid and severe swelling, etc., the certified staff member(s) will attend to the injured victim until the paramedics arrive. The parent/guardian will be notified immediately, and informed to what happened with their camper, the camper's current status, and where he/she is being taken for further treatment. If the parent/guardian is not available, the staff member will then call every person on the camper's emergency form until someone is reached.

First Day Safety

The first day that your camp visits each facility, staff will run through the facility rules, where to go if a camper is lost, hours, and other general information for your camp participants. This includes all park district and non-park district facilities.

Swim Days

Campers should bring their swimwear to camp in the morning. Campers should be sure to bring a towel on swim days as well. Campers will have the opportunity change into their swimwear at Stevenson and to change back into their clothing after swimming is finished. Campers may want to bring a plastic shopping bag on these dates to put their wet swimsuit and towel in.

Forms

In order to help us prepare for the coming season, we are asking for assistance in submitting the enclosed forms to ensure safety of our campers. Please complete the enclosed emergency form and field trip form (if applicable) and return it to the Ramp Camp counselors.

If your child will need to take medication while at camp, please contact Ezohn Smith, Teen Supervisor, so that a medication form may be mailed to you. No medication (this includes children carrying inhalers or bee sting kits) will be dispensed unless this form has been completed.