

## Active Adult Staff

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## SENIOR ADVISORY COMMITTEE NEEDS NEW MEMBERS!

The Senior Advisory Committee is a volunteer Oak Park resident committee that will provide guidance and recommend direction regarding senior programming to the Park District of Oak Park.

Senior Advisory Committee meetings are planned every other month on the 3rd Tuesday of the month at 3:30pm at Longfellow Center. Future meeting dates scheduled include:

- Tu, Apr 19
- Tu, Jun 21
- Tu, Aug 16

### REQUIREMENTS TO APPLY:

Members of the committee are either elected or appointed, and all must fill out an application to be considered. All members of the Committee shall be residents of Oak Park, and the majority of members shall be 55 years of age or older. The position that is available is an appointed position to be appointed by the Park Board, and is open to ages 18 and over.

### TERM OF OFFICE:

Members will serve a two-year term. Terms will be staggered. A member may not serve more than three (3) consecutive two-year terms.

### TIME COMMITMENT:

Regular Committee meetings shall be held every other month or as otherwise needed and shall be open to the public. Possible special meetings may occur, as needed.

### INTERESTED IN APPLYING TO BE A MEMBER OF THE SENIOR ADVISORY COMMITTEE?

Please contact Meredith Schwartz at (708) 383-3143.

## Why Buy an Active Adult Membership?

**An Active Adult Membership equals savings, savings, savings!** Active Adults receive \$5 off the resident price for many programs through the Park District, including Adult Trips, Nature and Gardening classes at the Conservatory, sewing and arts classes at our Centers, many fitness classes offered at Dole Center and more. Eligible programs are marked with the "AAM Eligible Symbol" (at right) in this Program Guide.



**Active Adult Members also save on daily Drop-In program fees** at Longfellow Center, including Chess, Party Bridge, Scrabble and even Mahjong!

Once you become a member, you'll start receiving the **Out 'N' About - our Active Adult Newsletter**, your source for the best information on Park District programs that fit your lifestyle. Mailed to your home six times a year, the Out 'N' About also features a calendar of events and information on our Senior Advisory Committee.

Only Active Adult Members are eligible for the **Park District's Punch Pass Rewards program** - see details below!

**Membership is open to ages 50 & up and is valid for one calendar year:**

January 1 – December 31, 2011

**Code # ACTIVEAD**

**\$25 Oak Park Residents / \$40 Non-Residents**

## Punch Pass Rewards Program - Active Adult Members ONLY

Participate in 10 of our Active Adult programs and receive a \$5 gift certificate good for any Active Adult program at the Park District of Oak Park. Passes are punched once per session (not for each day class is attended). Bring your membership card with you when registering for and participating in Park District of Oak Park events. Please note discount does not apply to "Drop In Days" at Longfellow Center due to the already low cost of the program.



## New to Oak Park?

**If you are a new Active Adult (50+) to our community, give us a call at (708) 383-3143 and we'll send you a free copy of our current "Out N About" Active Adult Newsletter.**

## For More Information

**For more info on senior programs and activities or the Senior Advisory Committee, contact Meredith Schwartz at (708) 383-3143 or email merediths@oakparkparks.com.**

**Active Adult Programs are based out of Longfellow Center, 610 S. Ridgeland Avenue. Call (708) 383-3143 for more info.**

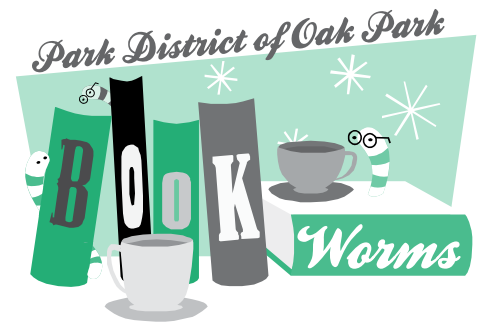
# Active Adults

## Flowers and Friends Brunch at the Oak Park Conservatory

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Join us at the Oak Park Conservatory as we enjoy an elegant brunch to celebrate the beginning of Spring. After brunch we will be offered a special guided tour of the Conservatory by their knowledgeable staff. Bring your friends, or come to meet new people. This event is sure to be the talk of the town! Offers in partnership with the River Forest Community Center!

F, Apr 29 \$25/\$38  
9:30am-12:30pm #552960-01  
Min 7/Max 30



## Book Worms Book Club

Challenge yourself by setting a goal to read one new book per month. This club also gives you the opportunity to meet new people and socialize! Join the Book Worms Book Club to discuss our book of the month with a list of questions developed by and facilitated by Meredith Schwartz, our Active Adult Supervisor.

You may either pre-register or pay by cash or check upon arrival.

\$1 Active Adult Members, \$2 non-members  
Location: Longfellow Center

**April:** *Freakonomics: A Rogue Economist Explores the Hidden Side of Everything* by Steven D. Levitt

Th, Apr 28 from 10- 11:30am  
#252910-30

**May:** *The Life and Times of The Thunderbolt Kid: A Memoir* by Bill Bryson.

Th, May 26 from 10-11:30am  
#252910-31

**Copies of these books are reserved for the Book Worms Book Club at the Oak Park Public Library main branch under "Park District of Oak Park Book Worms."**

Don't like the books you see listed? Call the Active Adult & Special Interest Supervisor to make known the books you'd be interested in reading!

## Drop-In Days at Longfellow Center

**Apr 12 - Jul 5, Programs meet from 10am-2:30pm, every Tuesday**  
**\$2 per day for AA members, \$3 for non-members**

Participants are encouraged to bring their lunch and snacks to share. Coffee and tea are provided. Due to the already low cost of these drop-in programs, the Active Adult Membership discount does not apply. Save \$ by registering in advance! Pay for a 13-week session (April 5 - June 28) in advance and pay only \$15! Call Meredith for more information at (708) 383-3143.

### Chess

Calling all chess players, it's your move! Join us to challenge your skill against other players, or learn the game you've always wanted to play. Players of all levels are welcome. Pre-registration is recommended. #252910-03

### Party Bridge

Join us at Longfellow Center to play one of the world's most widely played card games. Players of all levels are welcome, but you must have a basic knowledge of the game. #252910-01

### Scrabble

Join us at Longfellow to play this classic crossword game. Bring your dictionary to challenge your mind and build your vocabulary!  
#252910-13

### Mahjong

Mahjong is a game of skill, strategy, calculation and chance similar to the card game Rummy. Join us at to play this Chinese puzzle game that has been around since ancient times. Players of all levels are welcome. #252910-02

## Celebrating Seniors Week: May 6 - 13

The month of May is Older American's Month, and the Villages of Oak Park, River Forest & Forest Park have proclaimed the week of May 6th – 13th Celebrating Seniors Week. This week-long celebration will highlight and recognize the significant contributions older adults make to our community. Over 15 community-wide organizations that offer services to seniors will be hosting special events during Celebrating Seniors Week, along with countless local businesses that will show their support by offering discounts and promotions for older adults. See page 74 for more information!

