



Fall Program Matrix

The Program Matrix is designed to let you see what facilities are housing the programs you're interested in. Programs are organized by age (far left columns) and then category/title. Please note many programs overlap age categories! We've also listed the pages you can find the program in this brochure.

		Andersen Center/Park	Barrie Center/Park	Carroll Center/Park	Cheney Mansion	Dole Center	Field Center/Park	Fox Center/Park	Gymnastics Center	Lindberg Park	Longfellow Center/Park	Maple Park	Oak Park Conservatory	Pleasant Home	Rehm Park/Pool	Ridgeland Common	Stevenson Center/Park	Taylor Park	OTHER			
FAMILY	ALL	West Suburban Special Recreation Classes (p. 65)		•																		
		Special Events (p. 6-10) & Frank Lloyd Wright Races (p. 11)	•			•			•					•	•		•	•			•	
		Learn to Skate (p. 12-21) & Hockey (p. 22-25)															•					
		Adventure Programming (p. 54)																		•	•	
		Martial Arts (p. 44-45)					•					•						•				
	BIRTH - 5 YEARS	Gymnastics Programs (p. 26)								•												
		Preschool & Jr. Kindergarten (p. 27)	•	•				•														
		Mi Escuela (Spanish-speaking Preschool) (p. 27)			•																	
		Playschool (p. 27)	•						•													
		Early Childhood Programming (p. 28)	•				•	•				•										
Youth Sports Activities (p. 36-39)			•	•																•		
Youth Activities (p. 29-30)		•					•	•			•									•		
Teens (12-18)	YOUTH	Gymnastics Programs (p. 26)							•													
		Youth Sports (p. 36-39)		•	•		•											•		•		
		Youth League Sports (p. 39-41)	•	•			•	•										•		•		
		Youth Activities (p. 29-32)	•		•	•	•	•			•									•		
		Youth Dance (p. 33) and Youth Art (p. 34-35)	•				•		•													
		Teen Athletics (p. 39-41)	•	•				•	•									•	•		•	
		Teen Programs & 49 Lake Teen Center (p. 42-43)					•											•	•		•	
		Teen Arts (p. 58)					•															
		Group Exercise Classes - select classes only!!! (p. 48-49)			•														•	•		
		ADULTS	Adult Sports (p. 46-47)						•											•	•	
Group Exercise Classes (p. 48-49)	•		•	•		•											•					
Strength Training (p. 49) & Pilates/Yoga (p. 50-51)						•																
Tai Chi/QiGong (p. 52)	•					•				•												
Adult Dance (p. 53)						•																
Special Interest - Go to the Dogs (p. 55)	•		•	•								•										
Special Interest - Cooking Classes (p. 55)					•																	
Special Interest - Nature/Gardening Classes (p. 56)													•									
Special Interest - Workshops (p. 57)						•		•			•											
Adult Art Classes (p. 58)						•								•								
Adult Trips (p. 59)																				•		
Active Adult Luncheons & Programs (p. 60-61)											•										•	