



Ice Hockey Programs

Youth Hockey Development Program

The Ridgeland Common Hockey Development Program is a comprehensive skating and instructional skills development program offered as a prelude or in conjunction with the Park District's In-House Youth Hockey League. The goal of the program is to provide a fun, instructional program geared towards teaching children hockey foundations early in their athletic development. This program will allow for the child's hockey coach to focus their efforts on skills and game education. The Hockey Development skating program includes: Jersey (one per season) and a pass for one complimentary admission to public skate (expires at the end of the season).

Equipment Needed: Hockey skates (rental available for \$2), gloves, helmet with face guard, elbow and knee pads, and stick depending on level.

See class level descriptions at right.

Hockey Tots Class Schedule

Session Dates	Level	Day	Time	Code	Fee
Tu, Oct 14 - Dec 2 (8 weeks)	Tot (All Levels)	Tu	10-10:35am	#401790-01	\$70/\$90
	Tot (All Levels)	Tu	12:30-1:05pm	#401790-04	\$70/\$90
Sa, Oct 11 - 18 (2 weeks)	Dynamites	Sa	12:30-1:05pm	#401790-02	\$18/\$23
	Mini Mites	Sa	12:30-1:05pm	#401791-02	\$18/\$23
	Mighty Mites	Sa	11:50am-12:25pm	#401792-01	\$18/\$23
Sa, Oct 25 - Dec 20 (9 weeks)	Dynamites	Sat	12:30-1:05pm	#401790-03	\$81/\$99
	Mini Mites	Sat	12:30-1:05pm	#401791-03	\$81/\$99
	Mighty Mites	Sat	11:50am-12:25pm	#401792-02	\$81/\$99
Tu, Dec 9 - Feb 24 (10 weeks)	Tot (All Levels)	Tu	10-10:35am	#101790-01	\$87/\$112
	Tot (All Levels)	Tu	12:30-1:05pm	#701791-01	\$87/\$112
Sa, Jan 3 - Feb 28 (9 weeks)	Dynamites	Sat	12:30-1:05pm	#701790-02	\$81/\$99
	Mini Mites	Sat	12:30-1:05pm	#701791-02	\$81/\$99
	Mighty Mites	Sat	11:50am-12:25pm	#701792-01	\$81/\$99

Hockey 1-3 Class Schedule

Session Dates	Level	Day	Time	Code	Fee
Sa, Oct 11 - 18 (2 weeks)	Hockey 1	Sa	12:30-1:05pm	#411790-01	\$18/\$23
	Hockey 2	Sa	12:30-1:05pm	#411791-01	\$18/\$23
	Hockey 3	Sa	12:30-1:05pm	#411792-01	\$18/\$23
Sa, Oct 25 - Dec 20 (9 weeks)	Hockey 1	Sa	12:30-1:05pm	#411790-02	\$81/\$99
	Hockey 2	Sa	12:30-1:05pm	#411791-02	\$81/\$99
	Hockey 3	Sa	12:30-1:05pm	#411792-02	\$81/\$99
Sa, Jan 3 - Feb 28 (9 weeks)	Hockey 1	Sa	12:30-1:05pm	#711790-01	\$81/\$99
	Hockey 2	Sa	12:30-1:05pm	#711791-01	\$81/\$99
	Hockey 3	Sa	12:30-1:05pm	#711792-01	\$81/\$99

Students will be evaluated at the end of the session and advance to the appropriate level on the recommendation of the instructor.

Hockey Tots: Dynamites (Ages 3-5) ML

All tot classes provide a basic orientation to skating, ice, balance, agility, and fun. Skills to be learned: Two foot hop, forward one foot glide, backward swizzles, hockey glide turns, snowplow stop. NO STICK REQUIRED.

Hockey Tots: Mini Mites (Ages 3-5) ML

All tot classes provide a basic orientation to skating, ice, balance, agility, and fun. Skills to be learned: Forward strides, forward half swizzles, crossover steps, backward skating, forward to backward turns, demonstrate the three point hockey position. STICK IS REQUIRED.

Hockey Tots: Mighty Mites (Ages 3-5) ML

All tot classes provide a basic orientation to skating, ice, balance, agility, and fun. Skills to be learned: forward crossovers, backward half swizzles, puck push, forward and backhand puck pass/shot, hockey stop. STICK IS REQUIRED.

Hockey 1 (Ages 6+) ML

Skills to be learned: forward strides, forward crossover, one foot snowplow stop, backward half swizzle, hockey glide turns. NO STICK REQUIRED

Hockey 2 (Ages 6+) ML

Skills to be learned: backward strides, backward "C" cuts, backward stop, Hockey stop, Mohawk turns. STICK IS REQUIRED.

Hockey 2 (Ages 6+) ML

Skills to be learned: backward crossover, forward inside edge rolls, knee drop, "Belly Slide" and get up. STICK IS REQUIRED.



Confused about pricing? First price listed is for residents, second for non-residents: \$Oak Park Residents/\$Non-residents

Ice Hockey Programs



Youth Hockey "Max Dev" League



Max Dev means "Maximum Development." Have you got what it takes?

The Park District of Oak Park's Youth Hockey "Max Dev" League is an excellent introduction to the sport of hockey and preparation for the Travel House Hockey League. Hockey is an exciting team sport requiring speed, precision and team work. Sportsmanship, team play and hockey skills will be emphasized in this program. One Saturday game slot and an additional practice time will be scheduled for each team (time and day TBA). Depending on size, ability, and age, the director reserves the right to place participants in appropriate levels. One team jersey per season is included in the fee.



Session Dates	Grade	Game Times	Code	Fee
Sa, Oct 11 - 18 (2 weeks)	4-6	9am or 9:55am	#421800-01	\$40/\$47
	1-3	10:55am	#411800-01	\$40/\$47
Sa, Oct 25 - Dec 20 (9 weeks)	4-6	9am or 9:55am	#421800-02	\$174/\$208
	1-3	10:55am	#411800-02	\$174/\$208
Sa, Jan 3 - Feb 28 (9 weeks)	4-6	9am or 9:55am	#721800-01	\$174/\$208
	1-3	10:55am	#711800-01	\$174/\$208

Skills Development Program

Participants must be currently registered in our skating program or in the "Max Dev" League

The skills development program will teach stick handling, passing, puck control, and shooting while reinforcing skating techniques. This program is intended for children looking to improve their skills in an instructional environment. It is required that the student be concurrently enrolled in the skating program or In-House league.

Equipment needed: Hockey skates (rental available for \$2), gloves, helmet with face guard, elbow and knee pads, and shin guards, and stick.

Session Dates	Level	Time	Code	Fee
Sa, Oct 11 - 18 (2 weeks)	Skills Dev	11:50am-12:25pm	#411793-01	\$18/\$23
Sa, Oct 25 - Dec 20 (9 weeks)	Skills Dev	11:50am-12:25pm	#411793-02	\$81/\$99
Sa, Jan 3 - Feb 28 (9 weeks)	Skills Dev	11:50am-12:25pm	#711793-01	\$81/\$99

SIGN UP ONLINE TODAY! Visit www.oakparkparks.com to register for classes!



Ice Hockey Programs

Youth Travel Hockey League 2008-2009

Register in-person at Ridgeland Common, 415 Lake Street! Competitive League

The Park District Travel Program participates in the North West Hockey League with teams from other area rinks. Each player and team will be registered with AHAI/USA hockey and receive a home and away jersey. Team fees include jerseys, ice time, AHAI/USA registration, AHAI/USA Hockey insurance, and a mandatory registration fee for the NWHL end of the season tournament. Each team will receive practice and game time weekly. Games and some practices may be scheduled either home or away. Contact Michael Lushniak at (708) 725-2302 for further information.

Fall/Winter League Guidelines

Register in person at Ridgeland Common.

- All players must register for the appropriate age group by birth year (as indicated below).
- All players must hold current AHAI/USA Hockey insurance.
- Full payment is due with registration, or contact Trina at (708) 725-2303 for payment options.
- Any player who has not turned in a registration packet, proof of insurance, and has not fulfilled all payment obligations will not be allowed to skate until all forms and payments have been received.
- All participants and parents are expected to read, sign, and abide by the Ridgeland Common Huskies Conduct Policy. This Travel House Program will strictly adhere to the set zero tolerance behavior policy.
- Practice and game schedules will be distributed at the start of the season.
- All players must have full equipment to participate. All equipment must be USA Hockey approved.

Location: Home Rink-Ridgeland Common Ice Arena
Dates: Sep 2008 - Feb 2009



Teen Hockey Program

Teen Hockey (Grades 7-9)

The Park District of Oak Park's Teen Hockey Program is a fun and exciting hockey experience. Come out and enjoy a game with other Oak Park teens. Games will consist of intersquad play as well as scrimmages against other rinks. Hockey is an exciting team sport requiring speed, precision and team work. Sportsmanship, team play, and hockey skills will be emphasized in this program. One team jersey per season is included in the fee.

Session Dates	Code	Fee
Sa, Oct 11 - 18 (2 weeks)	#431800-01	\$26/\$29
Sa, Oct 25 - Dec 20 (9 weeks)	#431800-02	\$116/\$130
Sa, Jan 3 -Feb 28 (9 weeks)	#731800-01	\$116/\$130

Evaluations may be necessary for levels where there is high demand !

No Checking Levels

- Silver Mites: Ages 7 & under (2001)
- Gold Mites: Ages 8 & under (2000)
- Squirts: Ages 9 & 10 (1998 & 1999)

Checking Levels

- Pee Wee: Ages 11 & 12 (1996 & 1997)
- Bantams: Ages 13 & 14 (1994 & 1995)

PLEASE NOTE: Team rosters will first be filled by returning players who have registered on or before August 1, 2008 on a first-come, first-served basis. After Aug 1, team rosters will accept other players on a first-come, first-served basis until the teams are full. A team is full at 15 skaters (non-goalies) and 2 goalies. A returning player is one who participated in the program the previous season. Registration packets for returning players will be mailed in early July.



Ice Hockey Programs



Adult Hockey - Beginner Level

Adult Beginner Hockey - "Level 0"

This class encourages adults who have never played hockey to come out and give it a try. There is no experience required, and participants have the chance to learn about the sport and have fun doing it. Topics of instruction will include the majority of basic skills in the game such as skating, shooting, stick handling, and passing. Full equipment required.

F, 10:15-11:15 PM \$130
 Oct 10 - Nov 21 #641820-08
 Nov 28 - Jan 9 #641820-10
 Jan 16 - Feb 27 #641820-11

Adult In-House Hockey League

Just for Adults! Interested in good, fun hockey? Sign up for our Adult Hockey Leagues! Full equipment, including helmet is required.

LEAGUE GUIDELINES:

- Full payment due when registering.
- Schedules distributed at season's start.
- Ridgeland Common House League Hockey Program will strictly adhere to the set zero tolerance behavior policy.
- League Fees include instruction, ice time, and a team jersey.

Adult Hockey Level 1

ML

Recreational program geared toward the novice to intermediate skill level player. One half hour of instruction will be followed by forty minutes of scrimmage.

Fee: \$395

League Dates: Oct 12 - Mar 2 (21 weeks)

Adult Hockey Level 2

ML

Recreational program geared towards intermediate to advanced level players. This is a no-check and no-slap shot league. Program meets once a week with games scheduled on Sunday or Monday evenings. Players must be registered by October 1, 2008 (draft day) and must attend orientation at 8pm on this day. This will give returning players the best chance of being placed on the same team as the previous year. After October 1 players will be placed randomly on teams.

Fee: \$395

League Dates: Oct 12 - Mar 2 (21 weeks)

Adult Instructional Hockey

Hockey Skating Instruction and Power (Adults)

ML

Open to all Adult House League participants.

Session Dates	Times	Code	Fee
W, Oct 8 - 29	6-7am	#441860-01	\$53
W, Nov 5 - Dec 3	6-7am	#441860-02	\$66
W, Dec 10 - Jan 14 (No class 12/24)	6-7am	#441860-03	\$66
W, Jan 28 - Feb 24	6-7am	#741860-01	\$66

Open Hockey Times

Open Hockey-Rat Time (Ages 16+)

ML

Limited to the first 22 participants (including 2 goalies). Rat Hockey gives players the opportunity to play a pick up game or simply work on their skills in an unstructured, unsupervised, non-stress environment. Players must be 16 years old to participate and able to show proof of age with a picture ID if asked. Full equipment is required (hockey skates, hockey stick, helmet, mouth guard, supPawlowski cup, gloves.)

Begins Monday, October 6

M,W, 8:15-9:45am
 F 6:30-8am
 Fees: \$7/time 20 time punch card: \$90

Level	Day	Game Times	Code
1	M	9:15-10:30pm	#641820-01
2	Su	8:15-9:30pm	#641820-02
		9:40-11:10pm	
	M	10:40pm-12:10am	