

# GREEN TUESDAYS IN THE VILLAGE

## RESETTLING OAK PARK: A SELF-SUFFICIENT VILLAGE

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PUBLIC WORKS CENTER

201 SOUTH BLVD.

7:00 – 9:00 PM



Sponsored by:  
**Oak Park Environmental & Energy  
Advisory Commission**  
**Oak Park Forestry Commission**

For additional info, contact  
Michael Iversen at 708.383.1189, or  
miversen@uic.edu

**Green Tuesdays in the Village** is an annual public lecture series on various environmental topics and issues specifically relevant to the Village of Oak Park.

This year's theme, **Resettling Oak Park: a Self-Sufficient Village**, envisions a self-sufficient approach towards food, energy, and community.

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T	April 7	THE SELF-SUFFICIENT VILLAGE
W		<p>Self-sufficiency is the striving for a higher quality of personal and community health and wellness; achieved through food that is local and organically grown, energy that is clean and efficient, and individual and collective autonomy.</p> <ul style="list-style-type: none"><li>▶ self-reliance/empowerment/actualization, simplicity, Green Blocks Initiative.</li></ul>
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T	April 14	SOIL
W		<p>The first rule in self-sufficiency is understanding the biophysical and cultural significance of soil. Civilizations and backyard gardens are based on soil stewardship. Soil is surprisingly complex, but improving it is surprisingly simple.</p> <ul style="list-style-type: none"><li>▶ soil assessment, amendment, nutrients, composting, and worms.</li></ul>
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T	April 21	FOOD
W		<p>The best food comes from our own land, whether backyard or community gardens. This session explores how one sows, plants, harvests, stores, preserves, prepares and cooks their own bountiful yield of vegetables, fruits, and herbs.</p> <ul style="list-style-type: none"><li>▶ backyard food-producing gardens, urban agriculture, backyard hens and bees.</li></ul>
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T	April 28	HOME
W		<p>Oak Park is comprised primarily of vintage housing stock that was built without benefit of insulation, double-paned windows, or energy-efficient mechanical systems. This session explores energy efficient strategies in home renovation.</p> <ul style="list-style-type: none"><li>▶ integral urban homestead, energy/water/resource/waste efficiency.</li></ul>
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