



THANKS FOR SUPPORTING YOUTH IN OAK PARK!

We appreciate your interest in becoming a volunteer coach! Please read the information below to learn more about Park District of Oak Park Youth Sports Leagues and the process of becoming a part of our team.

About Park District of Oak Park Youth Sports Leagues

The Park District of Oak Park prides itself on the atmosphere that we set for the youth in our leagues. Young athletes are in a setting where they have the ability to develop their skills, learn the importance of teamwork, and most importantly, have fun playing sports and being active. We emphasize healthy competition in a positive and supportive atmosphere where everyone gets equal playing time on the field or court and expect our coaches to do the same.

Basic Requirements for Volunteer Coaches:

Although a knowledge of the game is helpful, the only real requirement to be a volunteer coach in our youth sports leagues is the ability to commit to the practice and game schedule for the season and a desire to help youth in Oak Park develop a love for sports. For each sport, the Park District provides a thorough coach's manual which includes information on how to structure a practice, tips for coaching during games, and drills and plays to use throughout the season. At a pre-season coaches training, we also show you how to put this manual to good use by demonstrating skills and helping you determine which skills are appropriate for the age of your players. All equipment needed for the league is provided by the Park District.

Volunteer Coach's Responsibilities:

- Complete and submit a Volunteer Coach Application and Background Check Authorization
- Attend pre-season training and post-season evaluation meetings
- Transport assigned team equipment to and from practice sites
- Develop, plan, and organize weekly practices
- Distribute league updates to parents and players and maintain communication throughout the season
- Abide by the Park District Youth Sports League Coach's Code of Conduct and Park District procedures and policies

If you would like to apply for a volunteer coaching position with the Park District of Oak Park, please fill out the attached forms and submit them to the Park District office. If you have any questions, please don't hesitate to contact us.

Thanks!

Chris Skidmore

Youth Athletics Supervisor
Park District of Oak Park
218 Madison St
Oak Park, IL 60302
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VOLUNTEER COACH APPLICATION

Name: _____

Address: _____ City, Zip: _____

Home Phone: _____ Cell Phone: _____

E-mail Address: _____ Shirt Size: _____

Sport(s) Interested in Coaching: _____

Age(s) Interested in Coaching: 7 & under 8-10 years 11-13 years 14+ years

Gender(s) Interested in Coaching: Boys Girls

Position Preferred: Head Coach Assistant Coach Co-Coach with _____

Do you have a child participating in this league?

Yes (child's name: _____) No

If you answered "Yes" to the above question, would you prefer to coach your child's team?

- I will only volunteer if I can be my child's coach.
- I would prefer to coach my child's team, but will coach where needed.
- It doesn't matter where I coach.

Please list your general availability timeframe for each day: (Example - Mondays: 5-7pm Tuesdays: open)

Mondays: _____ Tuesdays: _____ Wednesdays: _____
Thursdays: _____ Fridays: _____ Saturdays: _____

Please list any previous coaching or sports experience (including ages of players & level of play). Include any coaching certifications that you may hold or trainings you may have participated in.

Please list two references who can speak of your ability to work with youth in a sport setting:

Name: _____ Phone: _____ Relationship: _____

Name: _____ Phone: _____ Relationship: _____

I have read and understand the requirements and responsibilities of being a volunteer coach and fully agree to and understand the information included in this packet including the warning of risk, assumption of risk, and waiver and release of all claims.

Signature

Date

PLEASE RETURN COMPLETED FORMS TO

Chris Skidmore, Youth Athletics Supervisor, Park District of Oak Park, 218 Madison St, Oak Park, IL 60302
(708) 383-5702 (fax) • chriss@oakparkparks.com



VOLUNTEER WAIVER & RELEASE

Important Information for Volunteers

The Park District of Oak Park is committed to conducting its recreation programs and activities in a safe manner and holds the safety of volunteers in high regard. The Park District continually strives to reduce such risks and ask that all volunteers follow safety rules and instructions that are designed to protect the volunteer's safety. We also hope that all volunteers will share any safety concerns or hazards that they notice while with the Park District so that they may be addressed. However, volunteers must recognize that there is an inherent risk of injury when choosing to volunteer for any activity or program.

Please recognize that the Park District carries only limited medical accident coverage for volunteers. For this reason, it is strongly urged that all volunteers review their own health insurance policy for coverage. Additionally, each volunteer is solely responsible for determining if he/she is physically fit and/or properly skilled for a volunteer activity. It is always advisable to consult a physician before undertaking any physical activity.

Warning of Risk

Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when providing volunteer services. Understandably, not all hazards and dangers are foreseeable. Volunteers must understand that depending on the scope of the volunteer services, certain risks, dangers and injuries due to inclement weather, slips and falls, inadequate or defective equipment, failure in supervision or instruction, premises defects, horseplay, carelessness, lack of skill or technique, and all other circumstances inherent to the particular volunteer services exist. In this regard, it must be recognized that it is impossible for the Park District to guarantee absolute safety.

Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in consideration for providing volunteer services, you will be expressly assuming the risk and waiving and releasing claims for injuries, damages or loss which you may sustain as a result of participating in any and all activities connected with and associated with your volunteer services (including transportation services/vehicle operations, when provided).

By signing the Volunteer Coach's Application, as a volunteer, you recognize and acknowledge that there are certain risks of physical injury to volunteers in this program/activity, and voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that you may sustain as a result of your volunteer services. You further agree to waive and relinquish all claims you may have (or accrue to me) as a result of your volunteer services against the Park District, including its officers, officials, agents, volunteers, and employees.



YOUTH SPORTS

VOLUNTEER COACH AUTHORIZATION FOR BACKGROUND CHECK WAIVER AND RELEASE OF ALL CLAIMS

Applicant's Name (Please Print): _____
(Last) (First) (M.I.)

Please read this form carefully and be aware that by agreeing to allow the Park District of Oak Park to conduct a criminal background check, you will be waiving and releasing all claims for damages you might sustain arising out of the criminal background check and review:

I understand that a criminal background check is a condition of being considered for a volunteer coaching position with the Park District of Oak Park. I understand and agree that the Park District of Oak Park reserves the right to conduct a criminal background check on me prior to my appointment as a volunteer and/or at any time during my tenure as a volunteer with the Park District.

I consent to the Park District of Oak Park obtaining my criminal conviction history from the Illinois State Police or an equivalent law enforcement agency. I further consent to an electronic search of my name and relevant history on the National Sex Offender Public Registry.

I understand that an appointment to a volunteer position may be contingent upon the review of my background check to determine if I have had criminal convictions or traffic offenses which would affect the position for which I am applying. Additionally, at any time during my tenure as a volunteer with the Park District of Oak Park, continuation of volunteer status may be contingent upon the review of subsequent background checks to determine if I have had any additional criminal convictions which would affect my status.

I understand that the Park District of Oak Park reserves the right to terminate, modify, or limit my volunteer relationship subsequent to receipt and review of my background check.

I understand I will be provided a copy of the criminal background check if any convictions are reported. It is my duty under the law to notify the Park District of Oak Park within seven (7) working days if the information is inaccurate or incomplete.

This form will be kept on file by the Park District of Oak Park for a minimum of two (2) years.

I agree to waive, relinquish and discharge the Park District of Oak Park, its officers, agents, and employees, from any and all claims for damages which may arise from participating in or as a result of the criminal background check.

I have read and fully understand this Waiver and Release of All Claims.

Applicant's Name (Please Print): _____
(Last) (First) (M.I.)

Address: _____

Date of Birth: _____ **Social Security Number:** _____ - _____ - _____

Sex: (check one) Male Female

Race: (check one) Asian/Pacific Islander Black
 American Indian/Alaskan Native White
 Other

Signature: _____ **Date:** _____